



CRUSADERS

HOCKEY ACADEMY

COVID 19 - RETURN TO PLAY POLICY - UPDATED OCT 20/2020

The Calgary Crusaders Hockey Academy recognizes that the upcoming season presents a level of uncertainty for players and families. We assure families that we will follow all guidelines established and set forth by local health authorities, arena operators and the HSL (Hockey Super League) itself. We have established operating protocols to ensure the safety and well being of all participants in our programs. These processes and protocols will be continually reviewed and modified as necessary, to meet or exceed the guidelines set forth by all groups.

Understanding the potential financial impact due to the risk of a shortened or canceled season, The Calgary Crusaders Hockey Academy will follow the guidelines listed below:

1. HSL 2020/21 Refund Policy: As it relates to components of the season managed by the HSL (showcase fees, league registration fees, apparel etc), The Crusaders Hockey Academy will follow the guidelines outlined in the HSL League Policy and act as directed by said policy. If showcases or league events are cancelled, and we are able to still provide the Crusader development portion (on ice practices, off ice development etc), The Crusaders Hockey Academy will do so
2. Crusaders Academy Refund Policy: As it relates to issues related to player withdrawal due to injury or personal reasons, The Crusaders Academy will follow the guidelines outlined in the Crusaders Refund Policy document read and acknowledged at the time of player registration.
3. Players who may miss activities due to sickness (COVID related or similar) or restrictions (quarantine periods or similar), will not be reimbursed for time missed due to these reasons.

As it relates to the development components delivered directly by the Crusaders Hockey Academy (on ice practices, off ice development..etc) and the potential cancellation of any portion of the promised programming due to facility closures or similar due to COVID. The Calgary Crusaders Hockey Academy will provide refunds or credit options to all clients based on a proportionate rate for services that were not able to be delivered. Additionally, there would be a \$50/player management or processing fee withheld for management expenses



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Based on information provided from the Government of Alberta and the Centers for Disease Control and Prevention (Government of Canada) , we have established the following guidelines for managing this season:

1. If you have been in close contact with a person with a confirmed case of COVID

- Close contact being:

- within 6ft for 15 min or more
- provided care at home for someone with COVID
- direct physical contact with person with COVID (hugging/kissing)
- shared eating utensils
- being sneezed/coughed on by someone with COVID

Then you must quarantine for 14 days (this means staying at home, separate themselves from others, monitor health

Even if you test negative in this scenario, you must still continue to legally quarantine for the FULL 14 days. A negative test result does NOT mean you can return to hockey

If you have been told that your child cannot attend school, then they are not fit or able to attend hockey

2. If you have been around someone who is a close contact to a person with confirmed COVID

Then you must monitor your health but do not need to self quarantine unless you develop symptoms

As this situation is continually evolving, please contact or review the following sites / links for updated information:

www.alberta.ca/isolation.aspx

www.cdc.gov



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COVID 19 - HEALTH CHECK GUIDELINES AND UPDATES

In an effort to ensure the safety of our players, families, communities, league partners and development partners (Olympus Boxing, Crash Conditioning, Skillz SSC, Crusader off ice shooting facility) we have implemented the Teamsnap Health Check as a **MANDATORY** component for all of our daily scheduled activities. This on line Healthcheck, accessed through Teamsnap, **MUST BE COMPLETED BY ALL**

PARTICIPANTS (PLAYERS, COACHES, VOLUNTEERS), prior to any scheduled activity they are to attend. If anyone fails to mark their availability for practice accurately OR if they forget to fill out the health check, the following guidelines will be followed:

- 1st offence - participant will be removed from activity
- additional offences thereafter - participant will receive a 10 day suspension from activity
- Any participant being caught providing false information on health check, to allow them to attend a scheduled event will be suspended for 14 days and will attend a review to determine any possible further action.

It is expected that parents will perform these healthchecks for their players as all players are under the age of legal consent. It is not appropriate to have your player fill out their own Healthcheck.

It is also recommended that all spectators entering a rink for any game or practice add their name down under "availability" on Teamsnap, so that we can know exactly who was in the rink and/or on the ice for AHS tracking,

We understand these protocols are new for families and we are doing the best we can to provide tools to make it easy for families to comply. It is also important for families to understand the required quarantine periods for players and individuals who are symptomatic and or have been in contact with a person tested positive for COVID. Please see below, a reminder of the government regulated and legally obligated time periods for symptomatic individuals, as well as those who may have come in contact with an individual tested positive for COVID 19.

We thank everyone for their patience and understanding. These measures are in place for the safety and well being of your player and your family. It is critical that we act responsibly in all cases and it is our expectation that families will follow the above guidelines outlined.

Calgary Crusaders Hockey Academy



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COVID 19 - HEALTH CHECK GUIDELINES AND UPDATES

AHS GUIDELINES - COMMON QUESTIONS AND PROCEDURAL GUIDELINES

We follow all of the AHS Covid guidelines:

Covid Core Symptoms:

- Fever
- Cough (new cough or worsening chronic cough)
- Shortness of breath or difficulty breathing (new or worsening)
- Runny nose
- Sore Throat

If you have any of the above symptoms you are legally required to isolate for at least 10 days from the start of your symptoms or until they are gone, whichever is longer. It is also recommended to have a Covid test done.

Secondary Symptoms:

- Chills
- Painful Swallowing
- Stuffy Nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Gastrointestinal symptoms (cause, vomiting, diarrhea or unexplained loss of appetite)
- Loss of sense of smell or taste
- Conjunctivitis, commonly known as pink eye

You are to stay home and limit contact with others until your symptoms are fully gone. You can then return back to Hockey.



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COVID 19 - HEALTH CHECK GUIDELINES AND UPDATES

AHS GUIDELINES – COMMON QUESTIONS AND PROCEDURAL GUIDELINES

Close contacts of confirmed cases

- You are legally required to isolate for 14 days and monitor for symptoms if you are a close contact of a person who tested positive for COVID-19 (provides care, lives with or has close physical contact without appropriate use of personal protective equipment, or comes into direct contact with infectious body fluids)
- If you become sick with cough, fever, shortness of breath, runny nose or sore throat during this time, you must isolate for an additional 10 days from the beginning of symptoms or until you are feeling well, whichever takes longer.

Have symptoms but tested negative for COVID-19

- If you tested negative and have known exposure to COVID-19, you are legally required to isolate for 14 days.
- If you tested negative and have no known exposure to the virus, you are not legally required to isolate. However, it is important to stay home until your symptoms resolve so that you do not infect others.

Mandatory isolation

Albertans with symptoms

- You are legally required to isolate for a minimum of 10 days if you have a cough, fever, shortness of breath, runny nose, or sore throat that is not related to a pre-existing illness or health condition.
- The mandatory isolation period is 10 days from the start of symptoms, or until symptoms resolve, whichever takes longer.

Tested positive for COVID-19

- You are legally required to isolate for a minimum of 10 days if you have tested positive for COVID-19.
- Isolation period is for 10 days from the start of symptoms, or until symptoms resolve, whichever takes longer.

<https://www.alberta.ca/assets/documents/covid-19-fact-sheet.pdf>